

“Imagine, Reach & Become”

Are you a **Climber, Quitter,**
or Camper?

“Imagine, Reach & Become”
will help you perceive
(Imagine) your Mountain,
then climb **(Reach)** your
mountain and most impor-
tantly help you understand
who you can be **(Become)**.

Career Essentials will take
you through three stages dur-
ing the year with each class
building upon each other to
help you **“Imagine”** your po-
tential, **“Reach”** for the tools
and training you need to step-
up to **“Become”** the person
you have always envisioned
yourself to be.

“Imagine, Reach & Become”

- 10 Points: **First Impressions Class** – Com-
plete a 2 day course and receive a
free haircut, clothes, and choose
one \$10 value gift upon comple-
tion.
- 20 Points: **Sign up with Job Service or Em-
ployment Agency** – Complete em-
ployment class with Job Service
and receive a \$20 value gift upon
completion.
- 30 Points: **Complete Computer Lab and all
Tests** – Working with Microsoft
2007 and receive a \$30 value gift
upon completion.
- 40 Points: **Choose your own Goal** - with
approval of Case Manager. Receive
\$40 value gift upon completion.
- 50 Points: **Choose other Training** – Volun-
teer or job search and receive a
\$50 value gift upon completion.
- 60 Points: **Volunteer Work Experience**–
Minimum of 3 months. Work with
coordinator and receive a \$60
value gift upon completion.
- 70 Points: **Work Office Simulation** – Mini-
mum of 3 month completion and/
or help in clothing room as a
dresser or organizer and receive a
\$70 value gift upon completion.
- 80 Points: **Business Training** – Receive cer-
tification and receive \$80 value
gift upon completion.
- 90 Points: **Complete Career Essentials** –
Upon graduation receive a \$90
value gift upon completion.
- 100 Points: **Employment** – Receive a \$100
value gift upon gaining employ-
ment.

2011 Class Schedule

***Refreshments will be provided**

**Classes are no charge for FHRA public housing and
Section-8 clients. \$35 per each class date for all others
or \$250 for all 10 registered class for 2011..**

Tuesday, January 11—10:00 am-2:00 pm

“Good Impressions” & “What is Your Life Script?”
The Do’s & Don’ts of good impressions and exploring
our fixed beliefs.

Tuesday, February 8—9:00 am-2:00 pm

“Personal Self-Portrait”

How your Self-Portrait determines your personality style

Tuesday, March 8—10:00am-2:00 pm

“Attitude” & “Goal Setting”

How positive thinking gets positive results.

Tuesday, April 12—9:00 am-2:00 pm

“Define and Express” & “Time Management”
Building self confidence, self exploration exercises,
and how to prioritize.

Tuesday, May 10—10:00 am-2:00 pm

“Power to Succeed”

How to feel comfortable with succeeding in life.

Tuesday, June 14—10:00 am-2:00 pm

“Perceive your Mountain”

How to respond to adversity (Step 1).

July no class

Tuesday, August 9—9:00 am-200 pm

“Climb your Mountain”

Responding to adversity (Step 2).

Tuesday, September 13—9:00 am-200 pm

“Are you a Climber, Camper or Quitter?”

Continuing your journey in adversity (Step 3).

Tuesday, October 11—9:00 am-2:00 pm

“Job Tailoring” & “Problem Solving”

Increase client job satisfaction, job retention, and how
to handle challenging office situations.

Tuesday, November 8—9:00 am-2:00 pm

“Job Tailoring”

Learn how to choose the best job for you.

December no class



Pioneer Manor is on the corner of 2nd Ave. and 11th street. West of Touchi's Products, Inc. and east of old Pioneer Mutual Life Building. (current NDSU Business Center)

"The mission of the Self-Sufficiency Center is to prepare and empower individuals to become economically self-sufficient."

Contact Information

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*Fargo Housing & Redevelopment Authority
Self-Sufficiency Center is a non-profit 501 (C) 3
Since 2007.



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Fargo Housing &
Redevelopment Authority
Career Essentials Program

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Self-Sufficiency Center
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Fargo, ND 58102

